

Medicines Optimisation Savings Plan 2026/27

Brand to generic

- Utrogestan > progesterone
- Circadin m/r tablets > melatonin m/r tablets
- Dymista / Flomister nasal spray > Fluticasone 50mcg / azelastine 137mcg/dose

For full list visit: [Prescribing Savings Plan :: NHS Hampshire and Isle of Wight](#)

Change of formulation

- Rosuvastatin capsules (All strengths) > Rosuvastatin tablets
- Trazodone 50mg & 100mg tablets > Trazodone capsules
- Acetylcysteine 600mg capsules / tabs > Effervescent tablets sugar-free
- Liothyronine 10mcg tablets > Liothyronine capsules
- Pregabalin tablets (all strengths) > Pregabalin capsules
- Oxycodone IR capsules 5mg/10mg/20mg > Oxycodone IR tablets
- Tamsulosin 400mcg MR tablets > MR capsules

Generic to brand

- Buprenorphine/BuTrans > Butec / Reletrans / Sevodyne / Bunov
- Phosphate enemas > Cleen Ready-to-use enema
- Simple eye ointment > Xailin Night / Hydramed / Hylo-Night
- Enoxaparin / Clexane > Inhixa

Note: This list is not exhaustive and may change with variations within the drug tariff.

Apixaban / Rivaroxaban

as first-line DOAC for Non-valvular AF (SPAF)

SGLT2s or "Flozins"
canagliflozin,
empagliflozin,
ertugliflozin



Dapagliflozin

First-line

Nutrition

Resources to help care homes to meet their residents' nutritional needs via a food-based approach.

Prescribing guidance
Oral nutritional supplements

semaglutide/tirzepatide
QTY's
Semaglutide/tirzepatide are available as multi-dose pens which means
1 pen = 4 doses
1 months supply

Denosumab
60mg pre-filled syringe
120mg PF syringe / Vials



Zadenvi Xgeva

DPP-4s or 'Gliptins'
Linagliptin,
Alogliptin,
Saxagliptin,
Vildagliptin



Sitagliptin

First-line

Novorapid
(over 18y only)



Insulin Trurapi®

Reduction in over the counter (OTC) prescribing

The focus is on reducing OTC prescribing for hay fever treatments, dry-eye preparations, and vitamins and minerals. These products are widely available without a prescription, and patients should be supported to pursue appropriate self-care as the first option.

Where a clinical discussion is required, patients should be directed to Pharmacy First, where community pharmacists can assess minor ailments and provide guidance that promotes safe and effective self-care

HIOW Wound Formulary

Link to formulary and moisture pathway with input from tissue viability nurses, pharmacy and podiatry within acute and primary care. [Wound Care - Medicines Optimisation :: NHS Hampshire and Isle of Wight](#)

LBF Barrier cream/film
Proshield ointment/cleanser



Medi Derma S cream/film
Medi Derma Pro range

net Formulary
[Formulary information](#)

Optimise Rx

Utilise best-practice, safety and cost-savings messages at the point of prescribing.

Website information: <https://www.hantsiow.icb.nhs.uk>

Prescribing savings plan link: [Prescribing Savings Plan :: NHS Hampshire and Isle of Wight](#)

Contact us

Contact your key team Medicines Optimisation member in the first instance, or the generic mailbox here: hiow.mot.enquiries@nhs.net

