

Minor ailments service formulary (Annex 1)

Condition	Medicine
Gastro -Intestinal	
Constipation	Macrogol (Movicol) sachets (1x20) Senna tablets (Senekot) 7.5mg tablets (1x20) Ispaghula husk 3.5g (Fybogel) sachets (1x30) Docusate sodium (Dulcoease) 100mg capsules (1x30) Lactulose solution (1x300ml)
Dyspepsia	Gaviscon suspension (1x150ml) Ranitidine (Zantac) 75mg tablets (1x12) Gavison Cool tablets (1x16)
Diarrhoea	Loperamide (Imodium) 2mg capsules (1x12) Oral re-hydration therapy (Dioralyte) sachets (1x6)
Haemorrhoids	
	Anusol cream or ointment (1x25g) Anusol Plus Hc ointment (1x15g) Anusol Plus Hc suppositories (1x12) Ispaghula husk (Fybogel) 3.5g sachets (1x30)
Respiratory system	
Cough	Pholcodine linctus 5mg/5ml 200ml Pholcodine linctus 5mg/5ml sugar free 200ml Simple linctus 200ml Simple linctus sugar free 200ml Simple linctus paediatric 200ml Simple linctus paediatric sugar free 200ml
Allergic rhinitis	Chlorphenamine 4mg tablets (1x28) Chlorphenamine 2mg/5ml Liquid (1x150ml) Loratadine (Clarityn) 10mg tablets (1x30) Loratadine (Clarityn) 5mg/5ml syrup (1x100ml) - Clarityn Sodium cromoglicate (Opticrom) 2% eye drops (1x5ml) Beclomethasone nasal spray 50mcg/spray (1x100 dose) (Beconase) Cetirizine 1mg/ml solution (1x200 ml) Cetirizine 10mg tablets (1x30)
Sore throat	Soluble Paracetamol 500mg tablets (1x24) Paracetamol 120mg/5ml paediatric suspension (1x100ml) - (Calpol) Paracetamol 250mg/5ml suspension (1x100ml) - (Calpol) Soluble Aspirin 300mg tablets (1x32) Ibuprofen 200mg tablets (1x24) Ibuprofen 400mg tablets (1x24) Benzydamine 0.15% (Difflam) spray (1x30ml) Benzydamine 0.15% (Difflam) mouthwash (1x200ml) Tyrozets lozenges (1x24)

Viral upper respiratory tract infection - Cold	Paracetamol 500mg tablets (1x32) Paracetamol 250mg/5ml suspension (1x100ml) Ibuprofen 200mg tablets (1x24) Ibuprofen 400mg tablets (1x24) Ibuprofen 100mg/5ml suspension (1x100 ml) Saline nasal drops (1x10ml) Menthol and eucalyptus inhalation (1x100ml)
Pain	
Headache	Paracetamol 500mg tablets (1x32) Paracetamol 250mg/5ml suspension (1x100ml) Ibuprofen 200mg tablets (1x24) Ibuprofen 400mg tablets (1x24) Ibuprofen 100mg/5ml suspension (1x100 ml)
Muscoskeletal joint disease	
Soft tissue injury	Paracetamol 500mg tablets (1x32) Paracetamol 120mg/5ml paediatric suspension (1x100ml) Paracetamol 250mg/5ml suspension (1x100ml) Ibuprofen 200mg tablets (1x24) Ibuprofen 400mg tablets (1x24) Ibuprofen 5% gel (1x30g)
Skin	
Athlete's Foot	Terbinafine 1% (Lamisil AF) cream (1x15g) Miconazole 2% (Daktarin) cream (1x30g) Clotrimazole 1% cream (1x20g)
Cold Sores	Aciclovir 5% cream (1x2g tube)
Contact Dermatitis	Hydrocortisone 1% cream (1x15g) Anthisan cream (1x25g) E45 Itch relief cream (1x50g) Chlorphenamine 4mg tablets (1x28) Chlorphenamine 2mg/5ml liquid (sugar free) (1x150ml) E45 cream (1x50g)
Headlice	Plastic detection comb (x1) - Portia Dimeticone 4% (Hedrin®) lotion (1x50ml, contains 1 application) Linicin lotion with comb pack (1x100ml, contains 2 applications, suitable for family treatment)
Insect Bites and Stings	Hydrocortisone 1% cream (1x15g) Chlorphenamine 4mg tablets (1 x 28) Chlorphenamine 2mg/5ml Liquid (1x150ml) Paracetamol 500mg tablets (1 x 32) Paracetamol 120mg/5ml paediatric suspension (1x100ml) Paracetamol 250mg/5ml suspension (1x100ml)
Mouth Ulcers	Choline salicylate (Bonjela Adult®) (1x15g) Benzydamine 0.15% (Difflam®) mouthwash (1x200ml) Hydrocortisone 2.5mg mucoadhesive buccal tabs (<i>formerly Corlan Pellets</i>) (1x20) Chlorhexidine 0.2% mouthwash (1x300ml)

Oral Thrush	Chlorhexidine 0.2% mouthwash (1x300ml)
Nappy Rash	Sudocrem (1x60g)
	Zinc/castor oil ointment BP (1x100g)
	Clotrimazole 1% cream (1x20g)
Cystitis	Cystopurin x 6 sachets
	Cystemme x 6 sachets
Vaginal Thrush	Clotrimazole 500mg pessary (x1)
	Clotrimazole 2% (Canestan Thrush®) cream (1x20g)
	Fluconazole 150mg capsule (x1)
	Clotrimazole 10% vaginal cream (x1) (Canesten vaginal cream)
Minor burns and scalds	Melolin® dressing 5cmx5cm (up to 3) plus Micropore® tape 1.25cm
	Paracetamol 500mg tablets (1x32)
	Paracetamol 250mg/5ml suspension (1x100ml)
	Ibuprofen 200mg tablets (1x24)
	Ibuprofen 400mg tablets (1x24)
	Ibuprofen 100mg/5ml suspension (1x100 ml)
Eye & Ear	
Conjunctivitis	Chloramphenicol (Optrex infected eyes) 0.5% eye drops (1x10ml) (P-line)
	Chloramphenicol (Optrex infected eyes) 1% eye ointment (1x4g)
Earwax	Olive oil ear drops (1x10ml)
	Sodium bicarbonate 5% ear drops 10ml
Paediatric	
Oral thrush	Miconazole oral gel 20mg/g (Daktarin oral gel)
Teething	Paracetamol 120mg/5ml paediatric suspension (1x100ml)
	Dentinox® Teething Gel (1x15g)
Fever	Paracetamol 500mg tablets (1x32)
	Paracetamol 120mg/5ml paediatric suspension (1x100ml)
	Paracetamol 250mg/5ml suspension (1x100ml)
	Ibuprofen 200mg tablets (1x24)
	Ibuprofen 100mg/5ml suspension (1x100 ml)
Threadworm	Mebendazole 100mg (Ovex® single dose) tablet (x1)
	Mebendazole 100mg/5ml (Ovex®) oral suspension (1x30ml)

All re-imbursement prices are calculated against dm+d rates unless the medicine falls into a POM category. In these cases the brand used for payment calculation is highlighted. All cost prices will automatically adjust as changes occur as Pharmoutcomes is linked directly to this database.