



**Portsmouth
Clinical Commissioning Group**

CCG Headquarters
St James' Hospital
Locksway Road
Milton
Portsmouth
Hampshire
PO4 8LD

Direct Telephone: 02392 684587
Office Telephone: 02392684568
Fax no.: 02392 831656

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Dear Colleagues

The Portsmouth Clinical Commissioning Group (CCG) and the Diabetic Department at QA hospital have worked together to prepare advice for surgeries of the recommended Self Blood Monitoring of blood Glucose (SBMG) devices. They have reviewed blood glucose meters to assess the technology, ease of use, patient support and cost-effectiveness to the NHS.

As you are aware there are many such devices available on the market with a specific blood testing strips that are to be used with each. Careful and systematic selection of appropriate equipment that meets the above criteria is essential.

I have enclosed the recommendations with this letter to inform you of the CCG policy which has been issued every GP practice in the CCG.

Selection of these meters as the preferred meters does not preclude patient choice nor require that patients are changed over to these meters unless it is clinically appropriate. The patients will not be switched to the recommended meters immediately but will be gradually changed to the recommended devices as and when it becomes necessary.

The purpose of this letter is to keep you informed of this policy advice to the surgeries as it may impact on your practice and also provide you with the same information as the surgeries if patients request further information relating to their new SMBG device.

Thank you.

C S Chadha
Community Pharmacy Liaison